



Art | Education

GET TO KNOW
CONNECT • CREATE • CELEBRATE

GRAB N' GO ACTIVITY:

Ice Mandalas

OVERVIEW:

Winter may be cold and harsh, but it is also beautiful. Accentuate the winter weather by creating unique hanging ice mandalas to put up outside at your school. See what each student can create!

MATERIALS:

- Cooking pots/bowls/cups (depending on what size you would like the mandalas to be)
- Water
- Bits of trees, flowers, twigs, or anything you can find outside in nature
- Yarn or twine to hang the Mandalas with

EXTRA:

Tell the children to consider different colour combinations or textures. Take the children out one day when the sun is shining to see what effect the sun has on the mandalas. Look at the different ways the sun reflects on each mandala with their frozen objects inside of them.



Submit your work to the Get to Know Contest for a chance to win wild prizes & go to

GETTOKNOW.CA

to find more free resources and activities

IMAGE CREDIT:

http://gardenmama.typepad.com/my_weblog/page/2/

Ages: 8 - 13

Time: 30 - 45 minutes

PROCEDURE

- Step 1:** Collect bits trees, branches, twigs, leaves, flower petals, berries, really anything that can be found in nature.
- Step 2:** Give each student a bowl/cup/pot with water filled up to however thick you want the ice mandalas to be.
- Step 3:** Have the students put their nature found items/objects into their container of water. Place a piece string/rope into the top of the water and hang over the side of the container.
- Step 4:** Get everyone to take their cup/bowl/pot of water outside. Put them somewhere safe where they will not be disturbed by wind, other children, or animals.
- Step 5:** Check the water by the end of the day to see if they are frozen, if not leave them over night to freeze and then check in the morning.
- Step 6:** Once the water has frozen, take the containers inside for a couple of minutes so that they thaw a little bit around the edges. Once they are loose enough, tip the containers upside down to get the mandalas out.
- Step 7:** Take the mandalas outside and hang them from a tree in the school yard with the string that should be frozen in place to the mandala. You now have a beautiful art piece!